

1181 Ben Ali Drive | Danville, KY 40422

RETURN SERVICE REQUESTED

Thank You!



A big thank you to Joanna Kirby for the beautiful cut flower arrangements she has shared with us from her garden. They are beautiful!

September Birthdays

Residents

Jennifer Vandiviere-9/4 Celesta Lawson-9/26

<u>Staff</u>

Joanne Robbins-9/1 Sharon Norman-9/7 Tammy Watts-9/12



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A Place to Call Home

A service of Ephraim McDowell Health

National Assisted Living Week
September 12-18, 2021



NATIONAL ASSISTED LIVING WEEK SEPTEMBER 12-18, 2021

The COVID-19 pandemic has been an enormous, unprecedented challenge. But it has also brought together assisted living residents, staff, and everyone in these communities in a way unlike before. National Assisted Living Week (NALW) provides a unique opportunity for residents, their loved ones, staff, volunteers, and local communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve. This year's NALW theme, "Compassion, Community, Caring" honors those resilient individuals who worked so hard, went above and beyond, and never gave up.

We have several fun activities planned for the week, here are a few highlights: Performances by Young at Heart Big Band and DanCEville student ballroom competitive dancers. We will also be going out for ice cream, taking a garden tour of Kirby Farms, playing Bus Ride Bingo, raffle drawings and many other fun activities. Join us this week to celebrate!

McDowell Place Staff

Susan Matherly

Director

Mandy Emmons

Program Manager/
Community Coordinator

Laura Embree

Community Coordinator

Jennifer Williams

Resident Services

Manager

Jennifer Phillips

Business Office Manager

Kathy Preston

Dining Services Manager

Gina Scott

Activity Coordinator

Garden Tour of Kirby Farm



Join us for a garden tour of Kirby Farms located in Lancaster, Ky. The garden belongs to Joanna Kirby, our wonderful chair yoga instructor. We will be going on Tuesday, September 14th. Van leaves at 9:30 a.m.

Sign up at the front desk.







Ephraim McDowell G.E.M. Award Winner



McDowell Place care staff, Brooke Wilson is the most recent recipient of the G.E.M. (Going the Extra Mile) Award from Ephraim McDowell Health. She was nominated by a resident's family for the professional and caring attention she provided to them during an emergency situation involving the resident. Brooke is always very helpful to coworkers, resident families and residents. She is a wonderful team player. Congratulations Brooke!

Opportunities for FUN...Sept



Sunday School
Sundays
at 9:30 a.m.
Lincoln Way

Everyone welcome!!

Worship Services
Sundays
3:00 p.m.
Main DR (unless otherwise noted)

Exercise
Every Monday-Friday
10 a.m.



Join us on Stony Point

'Ol Elkhorn Pickers Are Back!

Join the 'Ol Elkhorn Pickers for music on the patio Tuesday, September 28th at 3:45 p.m.

Join Joanna for Chair Yoga for a Fun Way to Improve Your Flexibility and Peace of Mind!

Tuesdays at 2 p.m.

Something New....

Chair Dancing!

Mondays at 2:30 p.m.

Stony Point

Enjoy convenient effective fitness routines while comfortably seated.

Join the fun!

Highlights of the Month







