



1181 Ben Ali Drive | Danville, KY 40422
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Ephraim McDowell G.E.M. Award
Winner



Jessica Riley won the G.E.M. (Going the Extra Mile) Award given by Ephraim McDowell Health. Jessica was nominated by her coworkers. Congratulations Jessica, a well deserved award!

July Birthdays

Residents

Joanne Greene-7/1
Ruth Young-7/6
Marianne Kirby-7/21

Staff

Connie Warrem-7/8
Gina Scott-7/12



(859) 239-HOME (4663)
Toll free - (877) 402-HOME (4663)
www.mcdowellplacedanville.org

McDowell Place of Danville
A Place to Call Home
A service of Ephraim McDowell Health

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Celebrating Our Guys



In honor of Father's Day we wanted to do something special for our guys because they are so special to us!! All of our gentlemen at McDowell Place were treated to breakfast on the patio prepared for them by Gina Scott and Sheila Wilson. It was a beautiful morning and everyone who attended enjoyed the good company and food. The guys also received treat bags during lunch on Father's Day plus lots of hugs from staff.



- McDowell Place Staff
- Susan Matherly
Director
- Mandy Emmons
Program Manager/
Community Coordinator
- Laura Embree
Community Coordinator
- Jennifer Williams
Resident Services
Manager
- Jennifer Phillips
Business Office Manager
- Kathy Preston
Dining Services Manager
- Gina Scott
Activity Coordinator

Chair Yoga with Joanna Dunlap Kirby



Left: Joanna Dunlap Kirby
Right: Page Dunlap

Chair Yoga is a low impact and wonderful form of exercise that anyone, any age can enjoy. The benefits are many including better flexibility and strength, calmness and peace of mind. These exercises can be practiced anywhere that you can sit in a sturdy and supportive position.

Joanna Kirby is a certified Yoga instructor and has been teaching classes in Danville for the past 23 years. Her mission is to help others to enhance their well being through the practice of Yoga.

Joanna's mother is Page Dunlap, a new resident at McDowell Place.

Please join her for a series of Chair Yoga exercises each week beginning in July, beginning Tuesday, July 13th at 2 p.m.

Blue Groove Jazz on the Patio



Residents, families, and friends enjoyed the smooth tunes of the Blue Groove Jazz band for our June family night. This was our first family night in 15 months!!

It was fun to see our families and residents enjoying the music together.

Thank you Blue Groove Jazz for a wonderful evening!



Opportunities for FUN...



Sunday School
Sundays
at 9:30 a.m.
Lincoln Way
Everyone welcome!!

Worship Services
Sundays
3:00 p.m.
Main DR (unless otherwise noted)

Exercise
Every Monday-Friday
10 a.m.



Join us on Stony Point

Chair Yoga with Joanna

Join Joanna for a new exercise group
Tuesdays at 2 p.m.
Stony Point
Join Joanna for this fun way to improve your flexibility and peace of mind! Class begins on Tuesday, July 13th.

Fun at the Lexington Legends Game



Highlights of the Month

